

TREAT HER
LIKE A QUEEN

W.E. BOWMAN

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2026 Revised Edition

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INTRODUCTION

This book will be an eye-opener for many men and women. I could not have written this book without faith, the love for others, and wisdom from my Lord and Savior Jesus Christ. I give all glory to God, the Creator of this earth.

Yes, I made some wrong turns in my life but never lived those wrong turns out. 'You only become what you live out.' I came to realize that one 'bad choice' didn't determine who I was, and the reason for this was that I never chose to live out those bad choices.

I am better today because I used what was considered a stumbling block in my life and turned it around to make a difference in other people's lives.

This book is intended to show men how to treat women like Queens. It also shows women how to get in a position to be treated like a Queen. To know how to treat a woman like a Queen, one must recognize that 'specific time' where you 'didn't treat your woman like a Queen. ' This book will indeed show you that there is no price tag on buying your Queen!

'You must earn your Queen and win her with your heart, not with your dollars. You would only treat her like a Queen because a Queen is who she is'.

I close this introduction by saying, 'Failures are good when you recognize them'.

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CHAPTER ONE

WHEN YOU FIND HER

So many women walk the face of this earth, and a man's choice is so unlimited! I must say the outer appearance of a woman turns most men on, but how many men know that choosing "Part" of a woman and not the "Whole" woman is the worst mistake a man could ever make?

I must admit my guilt. Yes, the outer appearance was my weakness, and later in the relationship, it caused me long-lasting pain leaving me with nothing but lonesome memories.

Most men find themselves looking for women with sexy faces and beautiful, curvy shapes, and I am sure every man can vouch for that. I'll be the first to say that it's nothing wrong with being attracted to a nice-looking woman, but 'shapes and fine looks do not love you!' Also, keep in mind that every man has been a victim of lousy choice picking when it came to women, but also keep in mind that our choices were bad because our 'motives' were terrible.

"Wrong Motives Equals Bad Choices!"

How many of us men realize that a beautiful face and excellent shape does not identify the true meaning of a Queen? First: I would like for men to know that a true Queen could only attract you with her outer appearance but never keep you. We all know that shapes and youth someday pass on, but the heart will "NEVER" pass unless it takes the Queen along with it.

Yes, some things we as people have no control over, that's nature itself. A real Queen 'Banks' on what she can hold on to for as long as she lives, which is the inner-beautiful that no one can take away. When you men find your Queen, 'make sure the Queen recognizes her identity of being a Queen'.

Does this mean to show her how to be a Queen? Definitely not, but by every joy that she brings out of you such as smiles, laughter, and closeness that lets her know she is someone incredibly special to you. When you find her, always be willing to explain your every compliment. I must say when you're trying to pursue your Queen, then 'Show-up' rather than talk-up, because sometimes we as men talk too much and talk ourselves out of the same love, she's willing to give us if we just 'shut-up' and show-up! !'.

A true Queen is recognized, and a true man will show up. Notice I said "true man" because every man that approaches a woman does not mean he sees her as his Queen. I say, what a woman presents is what she will get back in return. If a man goes to the mall broke and expects to find his Queen, I wouldn't call that being a wise thinker. I must say, money doesn't buy a Queen, but any Queen that desires a broke man that's walking in a mall trying to pursue her into believing that he's interested in her - then maybe she's without knowledge of her true identity.

"WHAT REAL MAN WOULD APPROACH A WOMAN AT A MALL, KNOWING SHE MAY SAY SHE'S HUNGRY OR WOULD LIKE TO CATCH A MOVIE, AND THE MAN DOES NOT EVEN HAVE A "DIME" IN HIS POCKET?"

Listen, don't play or fool yourselves. When you are looking for a Queen, real men, 'please prepare yourselves'.

Example: No real gentleman would ever ask a woman out to a dance knowing he cannot dance.

I encourage men to not 'Play' games when they find her because they may catch her, but remember you saw her 'Play' games. So, what do you expect in the long run, would it not be the 'Game'?

Men don't sow what you don't want to reap later. Trust me, it hurts. Besides, why find her if you do not know how to keep or treat her.

Women need to also 'Put-out as a Queen, and stop trying to wait on some man to tell you that you're a Queen.'

Present or live your lifestyle as a Queen, and this alone will allow Mr. Right to step up and show you that you are the Queen in his life. There is nothing you can do to make yourself a Queen, except present your life as a Queen, and this alone will allow and acknowledge who you are. Be who you are.

To the ladies, "GOOD SEX" doesn't make you a Queen, nor does your soulmate flattering words of how good you were to him in your lovemaking, but what you are, and who you are before the sex what makes you a true Queen. Keep in mind ladies, "any woman" can be "anything" to any man, but a Queen can only be a Queen to her King, which is her other half.

I want men to realize that a woman is one of God's most precious gift ever created, especially when she walks in the authority of a Queen. Most people may say, "A Baby is God's most precious gift, but I disagree because where there's no woman, there is no baby."

Let me be honest with you readers. I've had my share of ups and downs with women, and thank God I came to this realization before it was too late. I would've continued to have these ups and downs if I didn't come to a point in my life that helped me realize that all women are Queens. But what type of Queen did I find?

Well, we have a woman that claims to be a true Queen but has no crown. Let me explain. All women do not walk in the true character of a Queen. Although all women are Queens to some men, it does not mean she is a true Queen. One thing I know is that people love titles. Even animals have titles. To have a title and not walk in respect of that title, it's the same as being

labelled as the highest-paid athlete in a certain sport, but in contrast, you are an under-performer or worthless to the team.

I say all this to say, what is a title without the proper character behind it? Men, when you find her, know that you have found her.

Most men would probably ask, what is so wonderful about finding Queen? Well, when you've found your true Queen, you've been given a gift from God. A Queen is a standout type of woman who knows how to honor her man, not to mention her kids, and with all respect, herself.

"How does this apply to some women who don't have children?" You may ask yourself. While you ponder the answer to the above question, ask yourself this: "What profit would it bring to have children, especially a daughter if the mother is walking in a characterless than Queen-like? Remember, daughters, learn their character traits of womanhood from their mothers (and likewise how to be treated by men, from the father). When you find a Queen, if kids are applicable, then you have allowed your Queen to birth another Queen for another good man in the future.

A Queen is a take-charge person even when a HR man cannot make it happen. A Queen allows her man to grow into leadership in hopes of realizing that even good leaders need a helpmate.

A Queen knows how to manipulate the mood of her man when he comes home from a long day of work in an angry and stressful state, by triggering his inner smile and laughter-changing a potentially angry scene into serenity.

A Queen opens herself to her man by letting him know how her day has been, and how other so-called friendly relationships are going in her life. (Communication is a two-way key. Men, this is where you become receptive and listen tentatively)

A Queen lets her man know that she appreciates him for all the things he does in her life (no matter how small or minute it may seem), she is honest with her man, even if it hurts his feelings. This honesty builds growth and trust, it also sets up the opportunity for her to make him understand that her honesty is only out of genuine love for him. On the same note, a Queen would not deliberately try to hurt her man, but does what she can to help him grasp the concept of his true Queen's 'Genuineness'. A true Queen will always do what she expects in return.

A true Queen will never have to take orders from her man because a genuinely loving man will 'understand his Queen' honoring her by faith and responsibility that his Queen will live out.

I know you guys will find women all the time, but those women are not your other half, but some Queens out there are. Don't just get a woman, find your Queen. I must add that some men would look down on a poverty-stricken woman, or lower standard type of woman because they are always in need for something, but looketh not. For what is it that appears before you, but desire? She puts a desire in front of you, but often we are blinded to the type of wrapping it comes in.

A Queen will appreciate the simplest love her man shares with her (if it's genuine). A woman is like magic where she is OK one day, and awesome the next. When you love her the way she deserves to be loved, you will see the better part of her each and every day that goes by. Maybe you are saying this sounds too hard to accomplish because women are often emotional, moody creatures. Although there is some fact to this statement, we men are mostly the cause of this rollercoaster ride. Whether as a poor father figure to a daughter, a poor role model and husband to her mother, a bully of a brother. . -whatever the results, it started with us men.

Men when you truly stop being macho and callous and genuinely show some emotion and real love towards your women, you will see the best in your Princesses as well your Queen.

CHAPTER TWO

TRUE LOVE

The word 'true love' sounds so familiar, but the world knows that these words have destroyed many lives and caused so much pain. I came to realize that true love is more about 'Actions'. I have heard some of the most heartfelt lines that a person could share with their so-called significant others, or should I say, soulmate. However, as pretty as they sound, they are nothing but empty words filled with gas - no action.

When your woman needs comforting after a long tiring day, do you acknowledge this? Do you allow her to seriously relax and tell her everything is going to be alright, and that she need not worry about the rest of the evening?

It is OK to run and take charge. What will you lose? The more important question is what will you gain? Go ahead, run her bathwater, and pour some of the sweet-smelling aromas of that oil she loves into that warm elixir. While you're at it, light candles that conjure pheromones of relaxation and release, place them all around the tub, and let the shadows of the flames bounce off the walls in the darkness. ..

Let me back up for a bit, men remember all this should be already prepared and planned for your Queen. Although some women may say they don't like surprises, trust me, every woman loves to be pampered - it's in their DNA. OK, let's get back to the romancing.

. . Allow your Queen to enter the realm of escape, soothing music playing in the background you undress her, lead her to the still waters, and help her in.

Where are you going? Don't leave, sit on the edge of the tub or kneel, then gently squeeze the magic of healing waters around

and behind her, neck - bathing her and ever so gently massaging her aching muscles at the same time.

This process might seem arousing, but remember it's not about you it's only about your Queen. If music is playing in the background, sing to her (if you can sing) with a whisper of warm sensuous breath to her ears.

When you have finished detailing her body (from head to toe), lift her by the arm and gently lead her to the bedroom where she will enter into another botanical universe. Roses (or any of her favorite flowers) laid across the bed, lights dimmed down or switched off, with more candle flames bouncing off the walls. You lead her to the bed and embrace her with the warm huggable robe to dry off (You dry her off slowly and gently).

The music should be still playing smooth, sensual and low - Her favorite love song playlist or yours.

Lead your Queen to the bed and ask if she needs anything. By this time she will be nodding because she is curious as to what comes next, so she doesn't want to interrupt the moment. Serve her dinner in bed while you sit beside her and take in the moment. Allow the music to talk while you two eat.

Sit back and smile at her - eye her. She will look at you like you're crazy at first, then she'll blush, and let her know when she looks directly into your eyes, that you acknowledge her.

I remind you, men to never miss the opportunity to let your Queen know she is your other half (by your actions).

True love is also forever reminded by not only your words but also your actions. Make sure your woman feels a part of you every day. Do not play the distancing role, and never let things you have told her in the past vanish to the winds. Keep that flame alighted on her face. Remind her of how beautiful she is, and never stop doing so.

Be romantic by being spontaneous. Example: Plan vacations without her knowing. Feel free to try new places that will renew a sense of joy over her face (no one likes a boring man). Sex does not always have to be the pleasure solver.

When you are alone with her, words do not need to be involved, a touch, a caress, or a massage. It's the way you touch her that will project that intimacy seriously.

CHAPTER THREE

MY OTHER HALF

I have always asked myself how a man could see himself as a King and deny his woman of being a Queen. I once came to realize that my other half was what 'I Could Not Be Myself'. I realized that the other half means exactly what it implies. If two halves make one whole, then if I am only half, this makes me incomplete.

A Queen understands her role and knows what keeps her man stable and well balanced. She desires to fulfil the void within her man's heart and life, helping him to realize that whatever he is going through, he is never alone.

Your other half will never let you worry, or suffer alone. True love will never allow this, but share it. To know your other half is to know that you can lay beside your Queen and get the same intimate pleasure by holding her tight, breath-to-breath, glancing into her eyes, reminding her of how beautiful and unique she is to you.

"To hold your woman sometimes is better than sex at certain moments in your life. Sometimes it takes a glance, and a smile to make your lover's day brighter."

Remember, trying to love alone is selfish. It is so wonderful to know that love is a magical thing when one accompanies it. When a man and a woman leave home for work in the morning, (she departs in one direction and he in another) this love is separated and travels in two separate directions. At the end of the day, they both reunite in their driveway connecting with joy as if they'd been together all day (this is the way love should be).

Spiritually, this couple never separates, their love holds them together all day long. Two halves when placed together always

equal a whole. A Queen and her King should be inseparable. Who is a mere man to pull them apart if God joined them?

Remember Gents, when you treat your Queen badly and deceitfully, it is a reflection of what you are doing to yourself. If you truly love and respect who you are as a person then that reflection will encompass her - your other half.

It is a beautiful thing to lay beside your lover ever so close and breathe the same air they breathe. Can you truly do this today? Or, are you too self-conscious to even try?

This feeling brings so much comfort knowing that when you lie in bed at night, you are never alone because the other half of your true love lies beside you. "It is peace and comfort knowing that life cannot take you out without memories taking your other half out."

A Queen is fit to have a King, but Queens do not sell themselves short or gain material things which will soon get old and fade away. Always present your womanhood as something 'valuable'. A woman is meant for a man, but women, your choices should be valuable.

To become a man's other half, know that what you present is what you will get back from the man. Every individual can do bad by themselves - do not continue to play these games, because sooner or later the games will eventually play you (what you sow is what you reap).

Men, there is a sense of power in calling your woman your other half, and I say this because once you acknowledge the fact that she is your equal, then your life is not only (selfishly) yours. Your life, as well as hers, is bound, it becomes 'one body, one flesh'.

Here are some tips on how to not only find your other half but how to keep them.

Accept he/she for who they are and not try to make them someone else.

Men, let your woman take a break from her duties of being a mother and a caretaker of the home. Take charge and step up. Man is the head of the household and should be the protector of the family. A man must take care of his woman and family.

CHAPTER FOUR

ROMANCE AND SPONTANEITY

Consistency is the key. It is ok to be spontaneous as long as it's done with consistency. Give that special person something to look forward to every week. Men take your woman out and spend time with her from your busy schedule (the same applies if you have children). Dinner, walks on the beach, movies (or movie night at home), to the zoo, live performances, concerts, etc. . If you truly adore your Queen, the sky is the limit of what you can do with her. Money is not always a factor but "time" is. Women enjoy most of all the principle of you actually (without being told) planning anything with the intent of spending quality time with them.

Take their parents out to dinner. Your lover will not only appreciate the attention you show by involving him/her but he/she will adore you, even more, when you include their family.

CHAPTER FIVE

BE A DECISION-MAKER WHEN IT COUNTS

Can we all agree that every woman is not for every man? One would be a fool to believe such a thing. I do know; however, we have all heard the phrase, "There is someone for everyone." The true question one must ask is: "Who is my match?" Well, your partner or match is your other half of yourself. It's a person that fills the void, one who completes you. One who is synced to your very being.

Sometimes we find ourselves searching for "Mrs. Right" in all the wrong places like nightclubs, shopping malls, bars, parties, restaurants, and even, yes, church. Don't get me wrong, I am not saying that these places are poor choices to find the perfect person. Beautiful things sometimes come in the craziest wrappings and packages.

Sometimes instead of going out searching in other places, all we have to do is open our eyes and realize that our Queens could be right in front of us.

Can you recall any past associates, friends, or people in your life whom you considered not your type? Or considered plain and boring, you knew were not going to be right for you if you pursue them? As time goes by you pursue a stranger you thought would be a perfect fit, you hook up, then get to know that person for who they really were, the relationship skyrocketed to the ground cashing with flames? You end up coming across that old person who was not right for you in the past and you see him/her married with kids with a perfect life and you regret never getting to know them? Same concept!

"Sometimes True Love Is Right Before Our Eyes, We Have To Recognize It."

Most men come up short because they believe they know good women out there, but the question remains, "Are You a Good Man?"

I encourage men to ask themselves the same questions they would ask a woman because it humbles the man to look within himself before he tries to torture a woman with high expectations and desires. For example: 'Do not expect anything from a woman that you are never willing to give.'

Be her other half, not her 'Master'. Also, keep in mind, there is no real love in a slave. Be willing to serve her as she serves you. The two hearts should work in tandem together.

Often we also look for our other half in the classical style of a woman, but sometimes she's just a 'Pizza Delivery Person' (no offense). All mates are not IBM material. We overlook true love every day because of what we try to find in love. In other words, if we approach love in the wrong state of mind, belief, knowledge, and motives, we are bound to come up short indeed.

Have you ever asked why you can't find your Queen in Burger King instead of exotic fancy places? This is our mindset. We think that to find good and expensive things, we must go to the most expensive places (this is a foolish stigma that the world and media have led you to believe). You see Celebrities and popular icons on TV, and most tend to date and marry a partner that she the same status as them. How many failed relationships and marriages do most go through? (Again, no offense).

Your King/Queen could be right next door to you but until we put away short-sightedness and the stereotypes, you will never find them.

Queens do not sell yourselves short or gain material things which will soon get old and fade away. Always present your womanhood as something 'valuable'. A woman is meant for a man, but for women, your choices should be valuable.

To become man's other half, know that what you present is what you will get back from the man. Every individual can do bad by themselves - do not continue to play these games, because sooner or later the games will eventually play you (what you sow is what you reap).

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Be romantic by being spontaneous. Example: Plan and set vacations without her knowing. Feel free to try new places that will renew a sense of joy over her face (no one likes a boring man). Sex does not always have to be the pleasure solver.

When you are alone with her, words do not need to be involved. A touch, a caress, or a massage. It's the way you touch her that will project that intimacy seriously.

When a man truly finds his other half, she will bring total completeness to his life removing future desires for another woman (same goes for a woman finding her true King), This man, not only has total faith in his Queen, but finds happiness, and unconditional love that would make it unlikely for another woman to fill. I say this passionately based on my own experience. "True love will not be pulled asunder."

True love is bound, entwined like vines because man soon realizes that every decision cannot be made without the authority or approval of the other half of him/her.

It is pointless to run into a Queen, without the proper tools of knowledge and understandings of how to keep her. The illustration can be ascribed to jumping into a stick-shift vehicle for the first time when all you ever drove was an automatic. Wake up! I'm talking about 'immaturity' gentlemen!

I believe most men fall short of meeting a Queen due to 'fear'. Fear is a powerful feeling that not only cripples us but causes us to not pursue action because of the 'unknowns and what-ifs'.

Men today as it were in the past; we can all agree that women mature faster than men. No man likes a woman to tell him what to do. We as men are so prideful, we fear being offended by the thought of meeting a true Queen who will help nurture and develop our maturity quickly as well. Men, is this really a bad thing? This experience will force us to take responsibility and take charge of the relationship when raising a family. Remember that stick-shift vehicle. We as men are so quick to jump into the seat of a car that we know we cannot drive or maintain, then when the gears start grinding and the clutch goes out, we see the cost of parts and labor, we run to the hills refusing to admit we weren't ready in the first place.

If you are like me (a man) you will find that most men hate to read the instructions to anything. We would rather look at the picture of a box and try to figure out (based on the said picture) how to put the table parts together. So many words, right? So many tiny words! I mean, why did they make them so darn tiny? Read the fine print Gents!

Not only do we men hate to read instructions, but we also have a problem with listening to them. Come on, admit it.

Like the instructions on how something works, if we do not listen, how are we going to know how to treat, let alone, maintain a true Queen?

The Christian bible tells us that we are 'not to be unequally yoked with unbelievers.' This is a very important principle to take heed to because a 'house divided against itself will not stand on its own.'

In this day and age, we as human beings, tend to do the total opposite, and our heart loves who and what it loves, but on the issue of faith, it is okay to share your faith with our mate even though him/her may walk a different religious path. This disclosure opens the door for discussion. I'm not saying one cannot love another of a different religion, the important point is that everything should be on the table from the very beginning. No one and I mean "NO ONE" likes to be blindsided by any secret or nondisclosure that may pop out later down the road in a relationship.

This trait of immediate disclosure is an indicator to both parties of maturity, and it tells each suitor that his pursuer is willing, to be honest about sensitive subjects and themes that can either harm or help the prospective commitment in the future. "Honesty is the Best Policy."

All men should want to bring their best to the table when he is seeking his Queen, but sometimes we feel if we reveal certain things; it will make us less than a man - less than a King for that matter.

Some men (or women) might have an addiction to drugs and other paraphernalia (whatever your vice) and you may have fallen for a particular individual. We refuse to be honest and share our problems with them because of (here is the word) "FEAR," (unknowns and what-ifs) of losing them. We fail to realize that if that person is meant for you, they will stick with

you, moreover, that person might be struggling with their disabilities as well. But, if the person is not meant for you, then we must be mature enough to accept this. Why pursue something that was never meant to be?

By disclosing your disabilities upfront, you are showing your partner maturity and honesty of how you feel about the relationship and that individual in particular. "Love is never ashamed, to be honest about who you are to another." With these disclosures, each individual (should they decide to stay) will sharpen each other, just as iron sharpens iron - assisting each other to overcome (not succumb to) their vices. Besides, a man (any human being) should always want his lover to have the very best of him. "Lies in the beginning equal Lies in the End." Never approach anything whether it is a job, lover, or situation half-stepping because, in the end, you will leave the same way - half-stepping.

Always realize that somewhere out there, your other half awaits you. But, when you find her, pursue her, (if she is the one) but with character, respect, honesty, and determination. Hold your head up man! Never count yourself out before the show begins. Your other half will know if you are 'the one' just by seeing your unique approach.

Some people say, "Love at First Sight." But I say, "Boldly, knowing who you are within when no one is looking and what you are willing to bring to the table humbly, with honesty will breach any stubborn heart in love.

I reminisce about an experience I had back in 1988. I met a young lady who 'stole my heart' in my hometown, Atlanta, GA. She was originally from Miami, FL. To me, it was love at first sight based upon her beauty. This lust (as I now call it today) caused me to take on the fast approach, where I dropped her some of the best lines she never heard before (Yeah right). She was the one I couldn't afford to let get away. I had to get to know

her, start a relationship with her. Besides, I was well known in my community for pulling all the cute girls.

My charm worked and we ended hooking up. To skip through the details, she later became my daughter's mother. In truth, even though I was young, I knew something which no one could have taken away from me, and that was how much I loved her. I was love-stricken and feared that another man would steal her away from me (immature and insecure).

I had a good heart and meant well, giving her anything she asked. But, the downside of having a great heart and giving spirit, I was still immature, I was still a kid myself who was trying to raise another kid. But she needed me to be someone I didn't know how to be: a Man.

My Child's mother was brilliantly caring, and did I mention, "Sexy?"

As magical as it all seemed, the foolish me still ran the streets. She loved me so much that this love for me eventually turned into 'fear,' of not knowing if I would ever make it home, or would she hear on the news that they found my dead body because of the associates I kept. Selfishness, taking her for granted, caused me to lose the very woman I truly loved.

I regretted this for many years to come, even to this day. There was a movie starring (singer/actor) Justin Timberlake, called "Friends with Benefits," where the actor's father explained a past experience (in the movie) where he lost the woman he truly loved, although he ended up marrying another and having children. He explained that even though he was blessed with children and marriage, there was always the regret of losing his first love. And when you truly find her, you must cherish her with all your being.

Men, do not lose the person who brought you joy and a sense of living when you are around them. That, someone, was

probably your Queen. When you find your other half, you will know it, but you are warned not to take your Queen for granted. After all, we are still human, and every person has a limit to how much they can put up with before they leave. Remember, any gift given can be lost or taken away. Don't become conceited in your thinking.

"Love is a very delicate tool. To misuse its purpose will cause you consequences in the end."

I think back to my parents who have been married for well over 50 plus years to this day and wondered what went right. My dad, it seems, made the right choices when he found my mother - A Queen. It is apparent to me that instead of my day only using the shave pickup lines, it was his consistent "Actions" that filled his promises to love with substance (something tangible). I am reminded of 1 Corinthians 13 - the so-called love chapter of the Bible.

This proves the test that if my dad was anything less than a King, then he would not have had his Queen by his side to date. My mom was indeed my dad's other half, the embodiment of a true Queen. True love never abandons, it lasts a lifetime.

I have heard and even knew couples who stay together for many years in marriage well up into their later years. Then when death comes calling for one of the spouses, the other surviving spouse soon follows after the deceased as if their life support or heart stopped beating when their long-time lover died. This illustration is the true element of what it means to be bound together as one unit in love.

Every relationship will be tried and tested when two halves of a whole relationship enter the storm of life. We all come face to face with the reality as soon as the path laid before us becomes treacherously dangerous, where it takes two people working as a team to get through it. It's at this crossroad, we truly know what

type our so-called other half is truly all about and if indeed she/he was even our other half, to begin with.

Recall the movie with Idris Elba who played Commander of the giant robots that fought the rising underground monsters from the depth, "Pacific Rim." If you haven't seen the movie, to control these giant machines two people inside the brain of the machine had to achieve a neurological handshake (both brains had to be synced to control the robot's parts)

We all have experienced some way or the other what it feels when someone (who promises to always be there for us) suddenly bails out and abandons us. It is so easy to throw empty words of "I Love You" around all day without knowing what it truly signifies especially when all is going well in life. The pretenders will always reveal their selfish ways when their crap hits the fan. Their promises and all that matters in the world (which was you) goes out the window, and it's 'every man for himself.' Well ladies and gentlemen, sad to say, it's part of human nature.

A loving Man sacrifices all that he is to protect and provide for his family, moreover, for the woman who is the mother of his children. A relationship man sticks around until the end.

A true Queen commands attention from the one who calls himself her other half. True love should not want to move or make any designs without first considering his other half (of the brain).

It is ironic that even though hard times separate the weak couples, (the thorns from the flowers) it also brings relationships closer, especially when couples both rely on each other to make it through.

It's important to note that no two relationships are the same and no two people think alike. Remember, that love is a tool.

What determines the strength of that relationship is how both individuals decide to use that tool and to what purpose.

Quarrels and disagreements will occur, don't lose hope or run for the hills. This is a time to show face, show maturity where both parties would come together at the neutral zone, and work things out, communicate.

Men, let's keep it real. We've been told we are not good at following instructions, and directions. We have also been labelled as non-communicative and listeners. Not all men are take-charge individuals; some leave it to the women to command them. Although most woman love to be in control, I think it's not a secret if you truly know the makeup of a women, this entire reverse role gets boring real quick.

A real woman wants to be nurtured, led, and to feel safe by her man. After all, from the Stone Age to modern times, men have always been the provider and protector of the household. Men, don't get lazy or comfortable in believing that it's ok, to let your woman run the show. Trust me; it is human or animalistic nature for a mate to find a stronger mate.

In sum, reverse roles can be beneficial in certain applications, but destructive in many.

Let me clarify my statement above. Sometimes men who play the take-charge role often let it go to their heads and tend to 'overdo' things in the form of 'spoiling a woman'. I see nothing wrong with giving your Queen all of the time you have, but there is a time and place for everything.

Men, although we want our women to know that they matter to us by showing quality time, we should take into account that too much of anything is not healthy all the time. Example: too much salt spoils the pot, too much sugar causes diabetes - too much of anything can kill you. In reverse, too little of anything can cause great harm.

Men, give your woman "Space" to prove her love-worthy. I have heard comments from women that say their men, although a good man: "He's always up under me like he's afraid I'm going to cheat on him." "He just won't leave the house, find friends." "He keeps calling me checking up on me." The list is long men. Yes, women can be complicated creatures, but so are we, so is the word love. Sometimes, when we don't get enough attention from our lover, then we accuse that he/she is giving it to another; when we get too much attention then we complain we need our space.

Some lovers exploit these 'showing attention' traits by being lazy. It's: "Oh well, since he/she wants to keep doing it - buying this, planning that, taking care of this and that - then I'm just going to lay back and chill."

Men, Woman, is this truly what you want? I believe that when space and distance separate us for long periods, away from our other half, this makes our hearts for each other grow even fonder of that person.

Now let me be clear, sometimes too much space can cause one to stray into the arms of another. Remember this only works if the two halves are completely matched as a whole. If indeed she/he is truly your King/Queen - no matter the distance of space and time, there is no desire for another soul but your other half.

The bottom line is that space allows each party to show, or prove in their unique way how much the other means to them. Love is not one-sided, it's always two-way (transmit-receive) like a communication line or a computer link.

I repeat Gents when you find your other half be sure to treat her as your Queen. Always know that you'll see that she's your Queen by the little things she does, such as her smile that makes you smile, her sense of humor that makes you laugh. Stop being so stuck-up and serious all the time. Women love not only a

protector, but a friend, a confidant, and someone who can make them laugh.

A woman in her very existence holds the magical luminescence, a power that motivates us to love her more. She is that extra energy that gives us unknown, energized strength to do the impossible. Picture yourself as a doorway for your Queen to walk through, she needs to see your transparencies of what makes you - you.

Although it is a good trait to be a leader, be aware that leaders can never stand alone without a strong backbone or support system, or structure.

Every man needs his other half to help him every step of the way. What makes us great leaders (in my opinion) is our ability to know what it means to be fair and show equality to all without bias and discrimination. "The Lord allows the rain to fall on the good and the evil."

Be willing to grow together in equality and unity with your Queen, not looking at each other as the underdog, but look at each other as a mirror of self.

Two people can make significant strides in anything they do more efficiently than one person can. There are many great men and wonderful women out there in the world but do we know what it means to walk in unity with our lover? If only men these days would humble themselves and 'walk' beside his Queen instead of 'in front' of her.

"Love is never to be treated like a dog on a leash to be pulled or dragged behind, if it is pulled by the leader, you choke the follower; in reverse, if the roles are switched it's the very same." Take a dog on a leash. When some dogs pull their masters when walking on a leash, but the dog still chokes itself - Some masters pull their dogs on leashes but the Master chokes the dog. It is

when the dog/love walks side by side in unity it brings no harm
to both regardless of roles.

CHAPTER SIX

SHE'S A GIFT

I am sure we all can admit that the sun exposes all the beautiful things on Earth in the daytime and the moon is just as lovely and can be a source of romantic light at night, not to mention when coupled with the twinkling stars. But I believe that the most beautiful of all things created by God is a woman. All men have available to him this precious gift, if he chooses.

Every substance of a woman can be considered a gift in which a man can find joy and appreciation. There is not a man or a soul out there who does not appreciate gifts, especially the essence of a woman. Even Scrooge and the Grinch could not resist the true gift of love, so who are you fooling?

The true question is, do we show appreciation, honor, and respect to the "Giver" of the gift? Yes, women are considered a gift, but what good is a gift if the receiver doesn't know how to cherish and honor it. For example: Parents. Have you ever run around all day trying to check off all the presents on the list to give to your children, after working long hours, making sacrifices just so your children or family would be happy with their presents whatever the occasion? Then after giving your gift, later you find it thrown about, in a box, scratch, cracked or broken? It seems today that people do not consider what one goes behind the scenes to give a specific gift. If they did, then they would know how to take care of it and cherish it with respect.

Sometimes it seems we men treat gifts like junk! Well, aren't we sometimes labeled as treating women poorly? My point exactly. We must understand that a woman (like a soul) is more valuable than any worldly possession. I find it ironic that we men

find joy in things like sports and other hobbies alike. But do these gifts have the ability to love you back?

The gift of a true woman will bring the best out in any man. It is nothing in the world like waking up beside a woman that you genuinely love - that is pure love itself. A real gift should be everlasting, and cherished for eternity. A real gift should be yours and yours alone where no man can steal it.

Gifts bring joy and smiles to people, especially if it's something you had truly desired. Men, in order for you to understand the honor in a gift, you must first honor your woman as a Queen. Gifts are meant to be given to someone, and the receiver must receive it by cherishing not only the substance of it but the action behind it.

Looking at this from a spiritual perspective, the "Giver" of our gift of woman is the Creator of heaven and earth. And when our Creator gives us a gift, then that gift cannot be stolen away by another soul.

As men we tend to want to be the Creator ourselves and take the gift out of God's hands that we in our own selfish prideful mind think we deserve. Why do we not wait for God to send us his precious gift when we are truly ready and knowledgeable in how to cherish and honor it? If we truly honor God, then we will honor the gift of a woman.

Besides, no one likes gifts (or a woman) that they won't enjoy or cannot use. Most people these days take them back to the store and exchange them for something better, without the giver of the gift being any wiser. Personally, I feel this to be rude. LOL. Women are more than just an inanimate material or thing, and cannot be returned with a receipt for another product or cash.

Sadly, some men view women as "tools" to be used in whatever way possible then when finished, dump it back into a rusty tool chest. If you are a man reading this book, ask yourself

honestly how you view your woman, and what do you compare her to. Tough question, isn't it? If you want to get technical/mechanical - all tools are not the same or can be used for the same purpose. Each tool has a unique quality and feature, and some are more dependable than the others but nevertheless they are all equal in the mechanic's eyes and each serves its own unique purpose. This is the way we must treat each other as equals and no man or woman is superior over the other because we all were born with a purpose, and we all were born with flaws. "No two objects are the same, but when used together they can create, and mend beautiful things - They become powerful and mighty."

Some men may consider a woman's strength less than that of an average man. True as it might be, but where a woman lacks in strength, she can take down the strongest man with nothing but pure wit, charm, and beauty. Don't deny it! History proves it - and I say this in respect to the sophistication and wisdom of woman. May I add that a man cannot go through the pain of pregnancy and the birth of a baby. Let me be real. The first time I witnessed a woman giving birth, (after hearing the rumors of their strength, not fully grasping the picture) it was the most magnificent and incredible thing I had ever seen in my entire life. From the 9 months and all that came with the restlessness, the sudden changes in her body, bowels, the sharp pains at night, the hospital room, the mental stress, to the final moment pushing a new baby into the world, not to mention (excuse my language) lying spreadeagled in front of a room full of strangers, it is all mind-blowing and awfully glorious in contrast to what a typical man thinks he can handle. So don't underestimate women men, their strength is unique and incomparable to our own just like we are to theirs. But with both strengths working in unity, how great is that power?

If you have not witnessed childbirth before, after you do, trust me, you will change your whole perspective about the strength of a woman. What's ironic is that women are so preciously tender and smooth, even though strong but still fragile. Take Chinaware dishes for example. They are kept in a special cabinet away from the regular wares, only to be used on special occasions. The plates are expensive, sturdy, strong, and can fulfil their purpose, but when used the wrong way, or dropped to the floor, it shatters into a million pieces. So is the make-up of a woman. This is why we are supposed to treat woman sensitively and most delicately.

Every man think he knows what he wants in a special woman but lacks the knowledge of the gift - the true value and labor of how said gift was created uniquely. Besides, doesn't the bible state in the book of Genesis that God formed Man from the dust of the earth, and Woman from the rib of said man? So, hypothetically speaking if man had an even number of ribs when God created him, and took one of the ribs away to form woman, doesn't this make the man incomplete, or deficient without his extra rib which is woman? Do you now get the picture?

Now, realistically speaking, some gifts that are given eventually wear out and get old no matter how much one preserves it. Take a car for instance. A high school graduate going to college receives a car as a gift from their parents. She keeps up with the maintenance, labor, and parts, but inevitably the mileage on the car ticks on year after year, after year. The car has run its course and it has to be traded in for something better and more modern to keep up with today's day and age. Does this mean that the receiver of the gift did not cherish the car in the first instant?

Like material things, people do get old, and eventually will wear out and eventually die. Life that you share with a significant other was never meant to be interchangeable like car parts where if he or she is not pleasing, you kick them to the side

and find another. Life and love of a couple was intended that when each leaves the household of their parents, and are joined together, they become one flesh, one body. Love between the two should last a life time until death does you apart. When true love has reached its nexus and fruition in a relationship between two people, even though one dies before the other that love that the deceased shared does not end in death. "Love is Forever Reminded of Them - Love is Immortal Like the Human Soul; It Lives on For Generations and Generations."

One of my favorite movies was "Ghost," starring Patrick Swayze, Demi Moore, and Whoopi Goldberg. Patrick Swayze plays Sam, whose life is cut short just as his future with Molly seems to be opening. The story follows his effort to protect her and bring the truth to light. The ending emphasizes that the love and memories Sam and Molly shared did not disappear with death; they remained part of what he carried forward. I still get emotional remembering that scene. Whatever your interpretation, the message I take from it is simple: love can outlast physical separation.

How many people love winners? Well, that depends on the team or the individual sport. We all know there is no such thing as a particular sport. For instance, you may say that the person racing in a NASCAR tournament are individually competitive because they handle the car well, and when they win, it's them the fans celebrate. No one really ever considers the rest of the team, just the iconic winner. Think about it.

A NASCAR competition race-driver is not an individual sport because a racer cannot do it alone. Said racer must constantly rely on the sideline pit crew to keep him in the race, to warn him through the headset about what is occurring behind him, and on his left and right side. The pit crew needs to be his eyes and repair. Without his team to guide and improve his vehicle, this racer will come up short every time.

The illustration above can be applied to the same application that man cannot make it alone in a relationship without the support of his Queen. Remember, she is your gift from God - your other half that completes you, making you whole.

People tend to take the bible out of context sometimes to exploit their own evil nature and selfishness. Even though the bible says that man in a marriage is considered the head of the household and a woman the weaker vessel of the man, if you read the entire context coupled with the entire Scripture of the bible since the very beginning then you will realize that there is more to it than just this simple snippet.

Men, I tell you today, never consider yourselves as being superior over your women. If God created love, not to be discriminatory, or one-sided - and if love is engrained within our DNA and meant to be shared, then I see no argument for us man to consider ourselves to be the ultimate possessor over women. Be a team player. Don't hide your cards with your partner, share them. It's you (both of you) against the opponent called the world.

"THE GIFT"

Many days I find myself alone, my mind drifting into nothingness.

One day, I looked up into the heavens to God, inquiring if He knew what would make me complete. What would make me whole, for buried deep within me was what seemed to be an ever-growing hole.

He responded that He was the only one that could make humans complete. "Choose Me."

All I needed was to seek Him first - Seek after His kingdom, and He loyally fulfils our every need.

I obeyed.

It so happened one day, I was walking down a path that led in many directions, worshipping and praising God for His many blessings.

I turned right without consciously knowing where I was going.

Lost in prayer and supplication, I walked on.

God indeed, that day, sent me a gift.

I thank God every day for sending me an embodiment of His true love in the form of an angel - the day I bumped into you.

But this story is incredibly true.

If I were to choose another direction without allowing the Spirit of God to direct me freely, (a feather in the wind) I would have missed the treasure.

Peace and blessings to you, my Queen.

Oh Yes! Peace and Love, I will adore and honor you.

Thank you, God, for this vision. Oh Yes! I finally found you, even though this dream has not yet come through.

One day at a time, I thank you God, my love - every day of my life I meditate on your grace, I patiently wait.

Peace and blessings to man who recognizes the truth.

Peace and Blessings to the man that can truly say, "I Found You."

One day at a time, I thank God above, every day of my life, I meditate on the gift of love.

Peace to the man that recognizes the truth, I say it again: Peace and blessings to all men that can say to his true Queen, "I Found You."

No more wasting time from a drifting mind.

No more wasting time thinking about other women - for my mind continues to drift on this vision.

In a time, in a place. ..

When I finally received You from God - The Gift.

Prose by W. E. Bowman | Oct. 2021 (Collaborated with TC Neville Senior)

I will be the first to admit that it is such a waste of time to equip yourselves with all the knowledge of the world on how to catch your Queen, but lacking the mature intellect of how to articulate a simple 8th grade conversation versus an adult one.

I believe I can speak for most men when I say we all fancy a shiny sports car, or luxurious vehicle, yet it has been proven that all men cannot truly drive - though we think we are professional drivers. This concept is relatable to women: "All Men Are Not Ready for A True Mature Queen in Their Lives."

We as individuals take pride in how we present wrapped gifts (well you should want to take pride in how you wrap it - especially if the gift is an expensive one)

We as a race love to take pride in everything we do, even subconsciously. People put lots of time in their cars, yards, homes - but as men, we sometimes forget that our Queen, which we say is our other half, and not to mention a gift from God, deserves the greatest recognition. Yes, we should maintain our vehicles, but isn't your Queen of much more value and worthy of your time? Come-on Gents, detail your Queen like you do with your fancy cars (washing, new rims, paint job, tints, radio system, decorating, and new parts). Do I need to decipher this metaphor as it relates to women? You should be able to discern the two analogies by now.

I believe that all men should love their women like the love their most prized possession i. e. "Your Ride". Attend to her like

your car, cherish her like your car, but remember (don't get me wrong now) she is not actually your car, (a material object) she's your Queen (the gift).

Many men find themselves unhappy with their significant others and uses this excuse for cheating, or betraying her trust (I have been there before). We all can agree that men have big appetites and it's not only for food, but also for greedy desires.

Think about it men, how can you be satisfied with 'wants' if you don't know how to be filled with 'needs'. Since the beginning of time, men have always been hunters and conquerors. Whatever our eyes gaze upon, if its shiny and desirable to us (even though for a short period of time) we 'want' it. We never seem to get enough! We can only conclude that a man's appetite can never be sated.

I think the issue today is we men try to take what is not originally meant for us to have in the first place. "My Queen is Not Your Queen - Your Queen is Not My Queen." In other words, what is meant for you is not meant for another, in-turn, what is meant for another is not meant for you. Ever heard the phrase, "Someone's trash is another's treasure?" Or, "Beauty (and desire) is in the hand of the beholder?" The bottom line is this: When you find your perfect match, you will know it because your desires will never falter for another woman. They will be purely trapped within her like ball and chain (sorry if this sounds barbaric but you get the idea).

I bring home this point again if you didn't hear me the first time. A man's appetite will only become "Complete" when he realizes that his gift in a woman is everything he could ever desire when he 'mans-up' and acknowledges that the woman (he says he's in love with) is his other half of perfection. Quick Tips:

Trust self-deception before trusting someone else. Know your weaknesses and strengths. Don't deceive yourself by lying or

trying to hide the fact of who you truly are on the inside, even if it looks ugly.

Be straight-forward and outspoken with your woman. No one likes a mute, and a closed mouth cannot get fed.

Communication is always the key. Flattery is just another way of being deceptive. You might say something nice you never meant on the inside, or even go as far as saying you will overlook something, or tell her "It's Okay" when really your feelings are to the contrary. You are not only deceiving yourself, but you are deceiving the other half of yourself. From this type of deception spurs grudges and resentment in the future (trust me I know, I have been there). Sometimes being direct may hurt many people feelings with your honesty, but if it's the truth, they will eventually accept it and get over it. They would respect you even more in the future knowing that when they communicate with you, you are not just telling them what they want to hear.

Never choose (or refuse) your Queen on the basis of what people think or say. Just like with any product being sold on the market. You will always have critics who give good and bad reviews. We must realize that most reviews might not be from an objective point-of-view, but layered with bias.

Moreover, if you are a buyer, before you can advertise and sell your product with confidence, you must know the ins and outs of it. If you are trying to sell something you have no idea about or don't believe in, then your potential customers will see through the deception. Bottom-line: Never take someone else's word for it, always research and get to know that product for yourself (but keeping all reviews in the back of your mind with a grain of salt).

Have a listening ear. When I say 'listening' this does not mean just 'hearing' We can all hear many things going on around us with our minds being far away from it. To listen means to

give your woman (or significant other) your undivided attention. Not only listen but comprehend - understand without interruption I might add, what she is really saying. We all know women have a lot to say especially when she is angry. Sometimes they just need to vent. Would it really hurt by giving them your time in the form of listening? When a woman sees that you are indeed a listener, (understanding her) this will open up the door to many other surprises. For one: Strengthening the bond with her. She will know (without having to say it) you truly have her back, and what she has to say really matters.

Approach woman with a humble personality. Let's face it. In this day and age, men do not have the best reputation when it comes to women. Moreover, the stereotype women have for a man is beyond reasoning, but can you blame them? What catches a woman's attention when you approach her is your ability to step outside the masculine behavior, and be humbly tempered nature with a character of respect and manners. Here is an example. I remember I was entering a building where a woman (known for being bitter) had to unlock the entrance. Her bitterness might have been how others (such as men I later learned) handled her in the past (she was not that attractive most would agree). I approached her, not knowing her name, and said, "Good afternoon, Miss, I am here to see. .." The woman replied with an attitude, "What did you call me?" I have learned that other men always called her ugly, the "B" word amongst other names. Some name calling (to them) was justified by the woman's nasty attitude. . . In reply to the woman's question towards me, I said, "I called you "Miss." You are a lady, aren't you?" When I said that, unbeknownst to myself then, this woman respected me that day and every time she saw me in the future. To this day we are best of friends. This brings me to the next tip-

Put to the side outward appearances. I personally believe the first thing man should block out is what a woman wears, the makeup, the color of the skin etc. . No! Stop! I'm not saying to look at her in your mind nude. I say this from the heart, look into her - truly see her. A real woman knows when a real man truly sees her. No man will ever find his true Queen if he's chasing colors and beauty versus her soul which remains unseen. True love is color blind. Love is a spirit that cannot really be seen with the natural eye, but it takes the form of an action, it takes the form by entering the vessel like a soul that makes it real to the touch, a feeling that can be felt. Love has no specific color, love is not determined by a specific culture or race, love is not based on the beauty of material things. True love is the very soul of our very nature and DNA. Everyone was born with the ability to love.

Internal beauty is something that no man can steal or alter - not even time itself. We must understand that many special gifts come in all type shapes, colors and sizes. What of the wrapping that hold a specific present? You tear it off the package and you discard it like trash thinking nothing of it. If I can understand this logic why can't people in the world today? Why should outer color and outer beauty take precedent over the inner soul of a man?

Blackman, your Queen could be Caucasian, Indian, Hispanic, Chinese or from another culture and religion (same concept in reverse no matter who you are). The one who might turn out to be your other half might be fat, skinny, or bald. If the person you meet is truly your other half, what does it matter to you or anyone else what package it comes in. That person's words, conversations, actions and desires will be enough to keep you content - Always!

I recall a movie starring actor Jack Black called, "Shallow Hal". The movie's theme was based on a shallow guy who shunned,

what he considered a below-average looking woman, and in-turn pursued a woman that was considered a high-maintenance Diva. Truly, when you see the movie, Hal (Jack Black) was not a handsome guy either, and ironically most high-maintenance women he sought after considered him below-average as well. Confident Guy - Twisted outlook of how he views the exterior of a woman. One day, he came upon a renowned hypnotist that gave him the ability to turn, how he viewed women in the past, inside out. In other words, Hal now saw the woman who he shunned and disregarded as ugly, fat, below-average, geeks - as super-models (in his eyes, contrary to when others like his friends saw them for whom they really were). Hal was brainwashed so-to-speak.

The take away from the movie was that outer appearances should not be the basis of how we see someone or whether we choose to love them. Can we today still say we believe in the old motto: "Never Judge a Book by Its Cover?"

True beauty comes from within, and it is the inner beauty of the person, that is reflected on the outside. A Queen is recognized for her speech and self-respect. "From the abundance of the heart the mouth speaks." "What so a man thinketh from his heart, he do and becomes." No man desires a woman who has no self-respect for herself. If he does desire such a woman, it would be for the wrong reasons I will not delve into today. I think you know what I mean.

This book focuses on the true man, and how to become that man. "True Man" is not necessarily a type of man. Most men (by our carnal nature) desire for a woman is simple and disrespectful. This type of man is not searching for a Queen, but for something temporary, (a snack) that only satisfies his selfish desires at that given time and place. Little does he know, his downfall rapidly approaches.

What are we truly searching for as men? Is it a Queen, or just a female? We tend to pursue the wrong women thinking that we know what's good for us, then when shit (excuse my language) hits the fan, we are left looking like a deer caught in headlights. I was that deer, on many, many occasions.

Men, what you sow is what you shall reap. I say this again: What you seek after, you will eventually find (good or bad). It is inevitable that you will get back in return the desires of your true heart. Don't mistake me when I say this. I do believe in the reality of good people turning bad, and bad people turning good. But I cannot believe in the fact that a bad person can have a good heart, and a good person can have a bad heart. Doesn't the Scripture tell us that "A bad tree cannot produce good fruits, and a good tree cannot produce bad fruits?" It's either the tree is bad, or it is good.

"It is better to seek water if you are thirsty, than to seek ice-cream." Which of these will truly quench your thirst, the ice-cream or the water? Always seek after that which is right. A true Queen will always walk and stay in a Queen's position.

Some good character traits to look for in any person are:

Respect

Responsibility

Loving Self and Others

Good Citizenship

Equality

Trustworthy.

For the critics who are reading this book, and point out above at #3 "Loving Self. ..". Let me break it down for you. Loving self can go many ways both good or bad, but what I don't mean is loving yourself in the sense of being callous and selfish thinking that only you exist in this world and everyone else should walk

in your shadow. I love to illustrate things that will make stuff easier to comprehend - can't you tell already? (LOL)

Here is my favorite example of what I meant. Say you are on an airplane traveling to another state or country. As a caution to feel safe, we make sure we pay attention to all the instructions in case of an emergency, right? For example, one of the instructions that involves the oxygen masks reads in part: In case of an emergency (should you need to draw a mask) please 'put your mask on first' then assist the other person (secondly) to the left or right of you. Some may consider the phrase "put your mask on first" to be selfishly stated, especially if you have to help a young child or an elderly. But, think about it from this point of view. What good are you to help the young or elderly who cannot help themselves if you fall unconscious before they do from lack of oxygen? Do you now see the dilemma?

In real life relationships, if you meet someone who does not love themselves or for that matter respect, or help themselves, how are they going to be a benefit to you. If they don't know how to love and respect themselves, how are they going to respect you. Realistically, this person will be a floor-mat to someone who comes around with the mindset of exploiting that individual's deficiencies. What of the person who cannot help themselves? How are they going to be a help to you? Ever heard of a Counselor or Therapist who gave advice and sessions to their clients but their own lives, household, and children were turned upside down? Ever seen a home decorator who is professional in what they do but their own homes are filthy? What of an Accountant who can handle their clients' accounts but their own accounts are pass due date and facing bankruptcy? The Church Pastor who leads a huge flock of attendance but his children are unruly, stealing, or the wife is committing adultery in the church with the deacon?

No man can help another if he or she cannot first help themselves. I have learned this lesson personally on many occasions. So, loving yourself means that it is respect and duty that you have for you as a person that determines what you are willing to accept and tolerate in a relationship. It's the maturity of knowing exactly where you are in life and the wisdom to walk away from any commitment because you know that you were not ready. The wisdom to understand patience when it comes to accomplishing your open tasks first before taking on more.

No matter who you are on the receiving end of someone who loves themselves enough to tell you "Wait," "I'm Not Ready," or "I Have a Lot on My Plate Right Now" should be a worthy person to pursue and respect for their honesty - not taking it as a simple rejection.

What do young children do with their gifts when they first receive them (especially if it's what they had desired)? They keep it close and spend time with it right? When two people are entwined as one, not only time plays a key role in the relationship, but communication will always be the most superior in maintaining a health long-term relationship. Without dialogue, the fact of even having your Queen becomes non-existent.

Tips

Both partners must equally communicate and share quality time together.

Take time out from "Self" and make time for your Queen.

Never allow your male friends to constantly show up and overcrowd your home. If you do decide to invite your male friends, you should already have a man cave to isolate the dawgs from the cats (I say this respectfully). If you don't have a man cave, go to a sports bar. We know you men love the

sports get together. The home should always be respected. Besides, your best friend should be your Queen.

I list these examples because they were relevant to my past. I recall fussing with an ex-girlfriend who always believed her ways were the only right ways (in her eyes). She chose me, it turned out, for anything but selfish desires, (I am guilty for accepting the same) but her so-called quality time lay elsewhere like the streets and her girlfriends. I was only around it seems, when the sex part mattered (no complaints there but I was always left feeling unwanted and used).

The amount of time you spend with your Queen should not matter, but too much and too little will almost always create problems - eventually. This is why it is always important to prioritize together a plan for how you wish to spend quality time. Communication, as I said before is key. Tell each other how you feel and what's expected in the beginning.

As I stated above, my ex-girl, even though we were in a committed relationship, it seemed I was the third wheel because I had to share it with her and her friends. I am not saying having friends is not beneficial in a relationship. Sometimes we do get tired of being around our mates all the time and need to get out - but when it boils down to ones friends holds more priority over what was supposed to be your gift sitting at home in the first place proved in itself that this person was not ready for his or her Queen or King.

It might have just been something, that at the time looked shiny and glistening that you wanted to have without considering the fact that this shiny object needed to be loved and maintained. It's like you are walking the mall with your significant other and you passed the pet store, their eyes locked unto this beautiful puppy in the display that they had to get their hands on. They coax you into buying the puppy for them as a gift. You filled out all the paper work signing the dotted line ignoring the fine print

to rush home to play with your new pet. Days passed and you soon realize all the maintenance and time needed with that pet that you cannot commit to because your friends and other commitments mattered. That innocent puppy did not ask for the life you chose to give him, the fault is ours for committing to things we know in our heart we cannot execute.

These are examples of how relationships start and crash so quickly in hot flames. This illustration should also be a warning to those who commit to marriages quickly or think about having children knowing they were never ready for it in the first place.

CHAPTER SEVEN

BEAUTIFUL WITH TIME

I would love for everyone to know that I am a realist. I believe what I see with my eyes. We all hear so many things from different people, and to most, they believe what they hear. But, isn't this a poor trait to adapt? One thing that I believe to which we all can agree however, is the beautiful creation of God. Yes, God's beauty is seen throughout our everyday lives.

"How Could We Not Recognize This?" Sadly, we do not always take the time to truly see. Could anyone open their eyes and not recognize the beauty of God's work? God's creation brightens our days and our nights - the sun and moon each have their purpose, and we see the unique value in both. Yet among the most beautiful gifts ever created are human beings.

Humankind was created with purpose within all that God created. It must also be noted that man was never meant to be alone, which is why God created the most precious gift of companionship - woman. We must admit that man was good, but woman was awesome. Woman was created so that man could share a soul connection with another person. She was made to help bring balance and companionship to his life.

Have you ever heard this phrase? "Age will come and time will pass by, but when true love is recognized, your Queen will only get beautiful with time." Only a 'fool' will see his Queen less attractive due to the years flying by. Let you be reminded, beauty is not in the outer appearances. We must see the beauty of God within one another. We can see a person's true beauty on the basis of what is projected from within (although God created us all beautiful creatures, some of our beauty has since been contaminated with carnal things).

There are so many ways to see your Queen 'beautiful with time.' Keep in mind that there is no such thing as "getting old and ugly." Does this even make sense? How can a person you found attractive in the beginning of time suddenly become ugly because they got old? Is this the way God view His creation? If I am not mistaken, the Bible tells us in Revelation that a 1000 years is like one day, and one day is like 1000 years in heaven. So therefore, if God created us in His image, a spiritual soul, and judge us by actions and what's in our heart, then why is it today we are so hung up on outer appearances?

Men! Are we liars? You might be lying right now to your woman. How? What you can say today, and cannot say 20+ years from now to your significant other, indicates the least that in the past when you told them they were "SO BEAUTIFUL or HANDSOME," was in fact a "Lie." True love never runs from age, and is always consistent in and out of time.

Why do many women put on makeup? Makeup is just what it is - makeup. It is not permanent, and it can be removed. I believe women wear makeup for many reasons. One is to accentuate beauty from an outward perspective; another may be simply to feel more confident. Do not get me wrong, ladies - I am not trying to take makeup away from anyone. To each her own. I have been attracted to women in my past by simple things such as lip gloss. Most men can be drawn to the smallest details, sometimes even things that sound unusual to someone else.

With time comes wisdom and maturity. Love (I've grown to realize) is beautiful even in its raw form and trappings. All we must do is live it and want it. A woman should never compare her own beauty to something or anyone in this world. Remember, the best thing our Creator could have done was to design us unique where no one can replicate or duplicate. Why is it that we spend so much money trying to replicate ourselves into something or someone else? They say that beauty is in the eye of

the beholder. So, this means if we do not consider ourselves beautiful and unique then what does this say about us (the beholder)?

It is true that beauty comes in many facets, whether outside or inside, but it is also true that inner beauty is better than physical beauty. Think about it. In this world of time the human body does get old and wrinkled, it's inevitable. The beauty that survives however, is the inner beauty that cannot be touched by time nor death, it's the beauty of the soul that brings the best out of a person for a lifetime.

Men, always compliment your woman's outer actions towards life, family, and you as her other half. A man that treats his Queen less than he did in the past should be a red flag to you ladies that his words and actions in the beginning were just flattery, (another word that means deception) that needs to be questioned. Never be afraid to have open conversations. Sometimes your open conversations can be the one moment that saves your relationship.

Just like any antique that becomes expensive and priceless with time, remember men, "Your Queen is Never Old, but Better With Time." Yes, we all have problems accepting our significant others looking different than when we first met them, especially to the older couples who have been together for 30+ years. Never allow age or outer looks to dictate the depth of your love for your lover, especially your Queen. "MAN-UP!" men, and WORK IT OUT.

..

I find it strange that true love is sometimes described as being blind. Is it because that the individual has a vision for the wrong desires? Let me explain: We say we find beauty, but we focus only on the present tense of the word beauty, totally losing focus on the future. I've learned that my "TODAY" is not my "TOMORROW." Never expect what you have today to be the same tomorrow.

We must accept what God gives us today and be thankful for it the next day, and for eternity. Everything is designed and given for our learning, and growth. When you love someone, do not love all of them today, and twenty years later only love part of them. "True love does not change, only people."

The vows during marriage are there for a reason. "Do you promise to love her in sickness, health, and sorrow; for better or worse, until death?" We quickly say "I DO" just to get the whole ceremony over with so we can play with our new toys (so to speak).

Love and relationships should always be a growing experience in life, the good and the bad that comes with it, but we as a people make it a part-time one. When something we don't like exposes itself, we quickly run from it, crying divorce. What happens to the vows?

When a person plans to do something, one does so because he has prepared to do so (I hope preparation is involved over making irrational decisions).

Since this book is more directed towards us men, I am speaking more to you. We should never knock on the door of a woman's heart unless we 'plan' to walk in. Why would you plan to answer a ringing phone if you are not 'planning' to speak to who is on the other end?

So many men have walked out or cheated on their women due to physical changes in her body. It's like forgetting the many dynasties built between you and her just because there is a pipe leak in the yard, or the roof begins to leak when it rains.

There are many excuses to leave because you no longer see her beautiful as you did in the beginning. I honestly believe this is the first sign of an unfaithful spouse. I believe any man trying to leave his woman due to physical changes has already played in the field with another woman. The woman comes to realize

she was not his Queen, moreover, she realizes that she was only a showcase for her man. Woe to you if you are the arms a cheating spouse runs into. What do you think will happen with time and age when he/she gets tired of looking at you like they did the latter spouse?

I reminisce on my own story, and wonder if we really take the time to look back and ask ourselves, "What makes our relationships so amazing?" Sometimes it seems that people today get tired and bored very quickly, and the results is putting aside the greatest things in our lives to play with something more trivial. Men, if you are in a relationship with the one you say you truly love, please look back at all the positive things your lady has done for the relationship and likewise, women, do the same. Does the good qualities out-weigh the bad?

Men, always remember, if you truly found your Queen, then true love will never get old, but beautiful with time. Remember ever hearing this, "You Never Miss the Water Until The Well Runs Dry?" (You better believe it!) Do not be the one that says, "I lost my chance." True love is a beautiful thing, but it can also hurt you and come back to haunt you. Every choice is not good, so make the right one the first time. Over many years, relationships should play a great part in the love a couple shares. Always announce your Queen Beauty, and never be ashamed to do it publicly. If she is your Queen then everyone should and will hear about it.

A loving and kindhearted man will realize that, over the years, his Queen can become even more beautiful with time. I could go on and on about how we should treat our women like Queens because, as I said before, to know how to treat a woman like a Queen, we must also know how not to treat her like one. I will be the first to admit that I have missed the mark on more than one occasion because of immaturity and not knowing what I truly needed, sometimes resulting in losing her. I have been

involved with great women in my life, including women older than I was, but trying to love in the wrong way cost me dearly in the end. I have learned that sex, money, cars, and good looks will never be enough to sustain a Queen. Maturity, respect, kindness, genuine selfless love, honesty, consistency, and a vision for the future are the qualities that can help build a lasting relationship.

I encourage all men of all ages that when you find her, be sure to know how you will keep her. It is easy to walk into a store, but how are you going to buy a product without money? In other words, do not go Queen shopping (so to speak) without a plan. Why accept a job on a cruise ship when you are afraid of water, or get sea sick? Most would accept a job they can handle or like because they are more concerned about the perks and money, but will you be happy? It sounds crazy, but wilder things are happening in this day and age every day.

If a man allows his woman to see his "Art Work," she would know that she has truly connected with her other half. Noticed I mentioned the phrase, "Art Work"? This is because for every action of 'work' a man presents before his woman, will open her eyes to the evidence of his true love for her. When a man goes the extra mile to show his Queen how much he loves her, this love becomes 'Art' to her, something tangible she can visualize and even touch. A "Work of Art" is patiently and delicately composed. Our love should mirror the same concept.

One thing I realize is that when a Queen is treated the way she is supposed to be, the results are phenomenal. I am sure the real men out there can vouch for that. I always believe what one puts in is what you will get out. Also, know that your Queen is beautiful even when you put in or don't, because like I said before, her love is not built on what you can or cannot do for her, but how you treat her is what makes the difference. Yes, we encouraged to buy her things and take her places, but if that's all it takes to love, then this should all be simple. I know some poor

people who do not have much food to eat, but they have been together a 'LIFETIME'! The reason their love lasted so long is because they made each other happy from the inside rather than placing their love on the table with things.

As the familiar saying goes, money cannot buy love. When a man can see his Queen becoming more beautiful with time, he begins to recognize that their relationship is built on a solid foundation that material things cannot replace. The goal should be continued growth in the love they share.

His master loves a dog that the dog becomes like a friend. Same way with a woman, if her another half loves her, then she will become his best friend. . My parents' love landed in the land of "OZ." They have spent a lifetime together, and "yes," they have gotten older, but their spirit and love remain youthful as ever. "ACTIONS DONT LIE," PEOPLE DO.

Just think about how you may look to her when you get older. Sometimes we focus so much on a woman aging that we forget we were once younger too - handsome, youthful, full of muscle, and considered fine. She has also witnessed changes in you. How would you feel if she constantly reminded you how sexy you used to look when you had more hair, more muscle, or a different smile? It is easy to criticize someone else, but if you live long enough, age will change you too. No one should be mistreated for changes they cannot fully control.

We should always mature in that area of life for knowing where love is a hidden place, which is the heart.

The inside means everything because what is on the inside is what you are getting on the outside. Love is something serious, and without it, one will never grow.

Time will pass by, but love will forever be the same. (You either have it or you do not.). The life we must admit is beautiful, but the one thing men should be thankful for is the woman. She

is a gift to men, and with a "SMILE," I do not mind saying so. She should forever be beautiful with time in the sight of her man.

There will be times when she may not feel as beautiful as she once did. Those moments open a door for a man to show his love through action. Let your Queen know that having her in your life is worth smiling about. Never play the distant or "stuck-up" role to the point that she feels you have lost interest. Look for thoughtful ways to bring joy into your Queen's life.

Here are some tips never to do when your Queen gets older:

NEVER TREAT HER LIKE SHE'S OVER THE HILL.

NEVER MAKE FUN OF YOUR QUEEN IN FRONT OF YOUR FAMILY.

NEVER MAKE HER FEEL OLD BY MAKING HER FEEL SHE'S NOT ABLE TO DO CERTAIN THINGS AROUND THE HOUSE.

NEVER BE ASHAMED OF HOLDING HANDS WITH YOUR QUEEN IN PUBLIC.

NEVER FLIRT WITH YOUNGER WOMEN, BECAUSE ITS BECOMES AN INFERIORITY COMPLEX WITH YOUR WOMAN, NOR FLIRT WITH ANY WOMEN! !! NEVER STOP HER FROM WORKING IF SHE chooses TO BECAUSE IT WILL MAKE HER FEEL OVER THE HILL. AND UNABLE.

NEVER KEEP HER HOUSE BOUND. YOU MAY HAVE HER FEELING THAT YOU'RE SHAME OF HER AROUND OTHERS.

NEVER REMIND YOUR QUEEN OF HOW BEAUTIFUL SHE USED TO LOOK, ESPECIALLY BY COMPARING HER TO OLD PHOTOS IN FRONT OF FRIENDS. IT CAN HURT HER FEELINGS AND MAKE HER FEEL THAT YOU VALUE A PAST VERSION OF HER MORE THAN THE WOMAN SHE IS TODAY.

Tips: that will help improve your relationship with your Queen as she gets older:

Spend quality time with her.

Take her out and be an adventuress.

Remind her of how much you love her.

Allow her to know you remember the breaking point of you two falling in love.

Always plan special events and vacations for the two of you.

Always bring romance to the relationship.

Always be willing to bring something NEW to the table in every aspect of the relationship.

Always tell her how she makes you feel.

Stay energized, which will help keep her energized. Never allow age to make you become careless about bringing energy, attention, and effort into the relationship. These habits can help you become a better partner to your Queen.

Never walk away from someone God gave you favor with. Always cherish your Queen to the end, and when the love is true, the end might be a "LONG" time. Just remember, when you find your other half, treat her like a Queen, and know that getting older can be a beautiful thing. Also, know that she will only get beautiful with time.

CHAPTER EIGHT

IS SHE WORTH IT?

Honestly speaking, you tell me if a man loves his woman, and allows her to witness the evidence of his love, then you ask yourself, "IS SHE WORTH IT? ". It is nothing your Queen should not be worthy of, especially when she has been recognized as your Queen. Some love you cannot touch, see, but can surely feel. I am talking about a love that "acts-out" even when age takes its course. I believe we all know what contains true love is the heart. Every day, you announce or show your Queen how much you love her, then make sure you as a man know that your heart does the same in return.

Always make-sure the heart contains your love, and you will never doubt if your Queen is worth your love. Never play mind games because you are only fooling yourself, and the very same game you are playing will come back to hurt you. Trust me, "part-time love will get you no-where. Always love her because loving her is like loving yourself. She is worth every day that she breathes into your life. She is your Queen, and never see her less than that. Her love is your love, and every moment of your time with her should be a moment that makes you smile. "Oh," I never said the relationship will always be 'Smiles', because attitudes, disagreements, and several matters will take course in its proper time.

Despite the storms that enter our lives, "TRUE LOVE " will overcome it. A Queen is every great value to a man of value. We ask ourselves, is our Queen worth special attention, love, and care? Well, "YES, she's worth our every day that we breathe. Also, keep in mind that I did not say any woman, but those of impeccable character. Every woman should be recognized by their man, but a "QUEEN" should stand out to her king in a way

like no other. I must say even the conversation between the two of you Queen/king) should be awesome. Once you have a Queen, togetherness would bring so much joy into the family.

If you notice that I said the word "FAMILY" in the last paragraph, reason being that sometimes we lose focus in the matters that surround our Queen, which is children. ..

That is right, children!

Sometimes we may not realize that loving your Queen is a doorway to loving her kids. Yes, most women come with a package, which includes children. We find ourselves falling in love with women with children from a previous relationship, and sometimes it is hard to cope with another man's kids.

We generally try to love the kids along with her, but we all know depending on their 'ages' that can be exceedingly difficult.

A woman is worth it all to her man when she walks the walk of a Queen, but being able to love her kids and loving her opens more doors for the man to show "MORE" love to the whole package. A woman who completely opens up her heart to give a man she loves the opportunity to love her and her kids, is worth being loved.

So, keep in mind, your Queen is worth every moment of your daily life, and she deserves to be treated like a Queen. Remember, a Queen is a woman of character. I am talking about a woman that her man loves to brag about and overprotect like she is his whole world.

Most people think love is hard, and with some people, it is because some people just "DON'T LOVE."

I give credit to any man or woman that "WANTS TO LOVE." Both parties deserve to be loved, and both worth the time for each other. I believe everything your Queen does to please you should be recognized and shown appreciation by your actions.

Only a fool will overlook the love shown to him by his Queen. A Queen loves to make her man happy and complete. She goes overboard to catch the eyes of her man, but mainly she goes the extra mile to entrap his heart.

I am a firm believer that anytime a woman stands out in showing her love to her man; then she is worth more than the world itself. I cannot imagine a man not treating his woman like a Queen when he knows she is putting her whole heart on the table to be served. Men do not ever take your Queen love for granted because love will walk out. I made several bad choices in my life, but to lose a woman I really loved was very painful. We sometimes do not know what we have lost until it is gone. Love will stay around when welcomed, but love will also run away when it is mistreated.

The most hurting part of it all is when love is home; we spoon feed it, but when love is gone, we run more miles looking for it. If we do right, it will never leave.

By the way, "love never runs away." WE LOVE AWAY. There's one thing I've learned from experience, and age has nothing to do with it; I learned that love is not something that you run low on and then "charge it up." True love is forever ready. You are probably asking yourself, "WHAT DOES HE MEAN BY THAT!"

Well, true love is forever there and always ready to launch out like a magnet. You never have to recharge true love. When love is rechargeable, then that is a sign of breakdown just to get back up, hopefully. True love stays up and never depends on the support of something else to help them handle the mission. In other words, true love doesn't need to be recharged.

A true Queen's love is forever recognized. She will know she is worth every moment to her man. We know our woman's love is worthy and acknowledge her title as your Queen when she

stands out from all other women to be the true woman her man
fell in love with.

CHAPTER NINE

LOVE IS NO SECRET

Love is no secret when it is true.

We also allow our actions to play its role in showing our Queen how much we really love her by being a source of 'JOY' in her life. It is nothing like seeing the smile on your Queen's face by just being in your presence. That shows you how happy she is and how good she is with being your Queen.

Like I said earlier in this book, every woman is a Queen to 'some man,' but depending on her character sets the true picture on whether she is a Queen of great character or Queen of bad character. I am the first to admit that every woman is worthy of being loved, but not every woman will face true love. A woman must walk it out. Yes, she must prove first to herself that she is a woman of good character traits. A good man seeks a mature and strong woman. It is only fair that a woman understands who she is to "SELF" before trying to convince others.

So, I encourage men to understand the responsibility of having a Queen of great character and know she is worth it all when she stands out as that woman. When I was about 19, I tried my best to love my girl with everything I had, but the small things we miss sometimes cause us to lose the girl we love. Yes, I loved her, but I presented a love that was not based on "time to come." In other words, my mind should have been sold-out enough to press toward the future in preparing to be with this girl in terms of a long-lasting future, such as marriage.

I say to all men, do not waste time! If you find true love, then start securing a future around it. This time and day, when you find her be sure to keep her because I wish no man to say what I once said. . . ("I should've"!). We all know some good women out

there, but we must know what we are chasing. (Everything that wears a dress is not always good!). I personally call it "A STEP TOWARDS MATURITY." I wish that all men come to the reality of plain old growing up! Women are independent financially today, and I applaud the ladies for that because it open doors for men to be men without trying to buy love.

Every day we walk this earth, we as men should be setting the stage for good character traits to open our young men's eyes to come. I hate to see adults acting like kids! God created men to be leaders and providers. We must step out of mom and dad's house and get our own campground. Men find your Queen and know she is your other half. How life says it, "MAN-UP"! "STOP" seeking with eyes of lust because it will deceive you. There is no future in what a woman wears, but so much love in knowing who she really is, and who she may become in your life.

(Quick note: get to know the Queen, not the things a Queen possesses.)

We know a woman is worth being loved but is she worth being "YOUR QUEEN"! I want men to stop being afraid of stepping out! ! To meet a mature woman, one must first carry the same traits of maturity. Know a woman is always seeking 'MR. RIGHT,' but a woman is not always ready for what she is seeking. So, to know if a woman is right for you, I believe you must first know what was once "'WRONG.'" for you.

Know that relationships do not always shine, and some aren't meant to last. I also know some of our break-ups are to help us grow-up. We can never see our women being worth anything if we fall in love with her for the wrong reasons.

I must say I faced challenges several times, and I'm "GLAD" I did because it helped me grow.

I do understand every woman is not designed to be a wife, but she deserves to be loved and have the opportunity of being a

Queen. As men, we should not always judge women by their outgoing character. In other words, you may meet a woman that is full of jokes, outspoken, or just wild and funny, which does not mean she is a bad woman. She may be wild and funny with people but respectful and loving with her man. Sometimes it is good to have a sense of humor. Besides, who wants a woman that is always angry, selfish and see matters only her way.

I must admit that love is hard to find, especially when you allowed it to walk out of the door, or should I say "RUN" OUT OF THE DOOR! !! I know there are some good women out there, but we must have the heart to cherish her once we find her. I want all men to realize that TRUE-LOVE IS WORTH HAVING. All women are precious to men, 'even' when men try to deny it. A woman is forever a joy to a man's soul. Like I said before, she is a gift, and gifts are received with joy and love. So, is she worth it? YES!

I believe the 'sun' has its purpose for the world. Also, clothes have their purpose for the human body, and doctors have their purpose in a hospital. Women have a purpose for men. Always know that its purpose is in everyday life. A woman is as important as life itself.

She is one of God's greatest gifts to a man. Always love your Queen and treat her as your Queen. If you should meet a woman with kids, then love them as if they were of your own. Allow them to see the joy you bring to their mother. Always bring energy to the relationship. Keep the kids happy, and you will forever make their mom proud of you. A true Queen needs to know that her man is rooted in love for her and her kids. I know we are always looking for a Queen, but sometimes your Queen may come with a package, and sometimes that package may be one you need to adjust to.

A man should love the whole package that comes with his Queen. A Queen, or should I say the woman of your dreams,

should forever be reminded of how much you like her. She is worth the time and all you have to give, especially when she is the woman of your life. Anytime a man falls in love with a woman, he “SHOULD” go the extra mile to prove his love being worthy of her. Never think less of your Queen because she is worthy of your faith and respect. I’m the first to say, “EVERY WOMAN” doesn’t walk the walk, nor has good character traits, but we as men have to make the better choice when it comes to finding their king or Queen. Throughout this book, I mentioned that a woman must first present herself with the right character traits to be recognized as a Queen. A woman may be a Queen to “somebody”, but every woman is not a Queen material to every good man.

A man will know his Queen because she is a standout type of woman. Which completely makes him happy in all she says and does. In other words, we call her his “OTHER-HALF”. So, the answer is simple, “YES”, she is worth it. Always give your Queen a reason to say good things about you. Make her smile and stimulate going out together. Be an open-minded guy, and a decision-maker. Always be a planner.

Never allow age and time to get you down. When you make decisions, always plan for. . . two. Always be willing to try new things. Never be ashamed to speak.

Always put your wife first and allow her to know that she is number one in your life. If she is a gift to you, then treat her with thanks and appreciation.

I conclude this chapter by saying: In every relationship, a man and woman both get what they give. If the man gives nothing, he gets nothing, and the woman must stand out as a good woman to allow the man to be all the good he can be in her life. Men stand out as a man of character, having self-respect, being trustworthy, and most importantly being responsible.

CHAPTER TEN

THE PROMISE

Promise has been one of the world's most painful moments in people's lives. The whole world has made a promise at some point in their life. We all are guilty of making promises that we did not fulfill.

People make promises and lie on a regular basis which people actually believe, as the world tells them to. It is so easy to tell a lie, but it hurts when someone tells you the same lie. Well, we make 'PROMISES' as people, but very few keep their promise. Everybody makes promises or at least at one time has made a promise. I am the first to admit that I have made promises that I did not fulfill. Some promises are made with great intention of happening, but whether it was meant to happen does not make it the truth if it does not happen.

If a promise is made and not carried out, then it is a lie. A promise is one or several persons giving a guarantee to something they will do. Now, what does all this have to do with a man and woman? It has everything to do with men and women because men and women make promises to one another, and most of their promises are never carried out. In other words, men and women hurt one another. It comes a day where men must be men and stop making excuses as to why they fail in their relationships with their women. Men must man up and be a true living example of "LOVE" to their women. True love overrules immaturity, especially when you really care for your woman. If a man sets the standards by his "actions" in loving his Queen, she will follow his lead and be the better woman he desires.

Keep in mind; promises do not have to be a bad thing. When a man promises his woman something, always be sure to stand by

your word. Never allow your promise to be something you know you will not be able to carry out.

Always think before speaking because your words can destroy a future. Besides, we do not have to make promises if we are living out our words by our actions. In other words, do not tell your 'manager' you are a hard worker.

Just allow your actions to show it instead of your mouth. 'Oh', all women out there must believe every word I have said also goes for you.

Women must realize that being the specially created gift they are, most men will make the promises before the woman because it is the man's nature to entrap the woman's heart to have a possible relationship.

When a woman lets a man make her a promise, she opens doors for hurt and major problems in her relationship. Women may be emotional people, but men are very stubborn and temperamental people. As I said, women do not have to make promises, because men will make them for you. ..

I know some promises a man makes have good intentions of happening, but not all moments in life go our way. Men sometimes hurt more than the woman when they do not fulfill their promises they made to her. I will never say all men intentionally lie and have no intention of doing what they have promised their Queen. Most men mean well but still come up short. I want men to know that promises will make you smile, and if you are not rooted in its reality it will make you sad. No one must tell lies, but people do. It is the nature of men and women. It still gives us no excuse to lie or make promises that you cannot fulfill.

There are gains in keeping your promise. Most men will win their Queen's heart when you are faithful to your promise. Also, it helps your Queen to recognize the faithful man she has in her

life. Always be a man of his word, and never put your relationship at risk. Remember, "true love" never wants to hurt anyone. Always weigh out your options, whether it is worth losing the woman or man of your life just because of the lies you tell. "Yes", a promise not made is a door opening to a failed relationship. I advise men to "Stop" making promises and act-out on what you plan to do. A man would rather have a woman who believes in him despite the trials they go through because she will conclude that her man will find a way to work things out.

When you find your soulmate, always be open with her, and have an open mind to accept the things she says, whether you agree with them or not. It is also good to be open minded about the things you are seeking in a relationship. Allow your expectations to be announced to your woman that she may know the man she is talking to is a straightforward man. Allow your woman to know that you can be trusted. Be someone that sets standards together, which will help you later on in not making promises. Once you open up to your woman and allow her to know where you stand and the direction your relationship is going in, then you can completely stay away from promises.

Always be someone who is true their actions, and you make a promise because every word you say stands on your actions that you put out in the world every day. Never talk love, walk it out.

Take out time in dating, or even in marriage to give your Queen some "YOU-TIME." Sometimes we should just take out some time just to TALK. Do not allow sex, drinking, or anything else to interfere with the private time with your lady. Sometimes talking and laughing is all you need. (Everything else will have its proper time when it is time.) Sometimes we as men try to buy our way in with promises! "DONT PROMISE," JUST DO IT! !! A promise will set you up for ACTIONS, but your actions will help you not promise.

See, a promise will always be reminded. Never allow your words to come back and hurt you. The less you promise, the better you will be. Most people are stressed by the promises they made.

I cannot imagine doing something I do not have to do, especially something that can cost me someone I love. A promise can cost more than you imagine. Do not risk your wife or your girlfriend because of unnecessary promises or careless words.

Imagine promising your wife or wife-to-be that you will faithfully love her forever, but then you break that commitment by cheating. You can destroy her trust and deeply wound the relationship.

Do not allow love to become something else just because you cannot "act out" on it. Every man that shows his Queen will forever love his love. Give what you have and be who you are.

Do not go overboard trying to be what you are not. It is so easy being yourself. What good is it to have a wife and have nothing to offer her just because promises and high standards were a failure in your life? I advise men and women to "BE THE PROMISE". AND NOT MAKE THEM! !! ! If a man treats his lady like a Queen, then he will never have to make promises. 'Things' do not love people, so stop promising things.

Always know that promises are no good unless they are kept. This time and day, people make promises as if people's feelings do not matter. Men, we know it is easy to make vows to a woman but slack in our doing, not to mention getting women pregnant and denying responsibility. We sometimes feel like women's feelings do not matter. We have had our share with the two Ps. "PLAY and PROMISE"! We also know those same words have destroyed some of our lives, and most men are still suffering and regretting their loss to this date.

A woman is no different from men who get hurt, but the difference is that we men "CANNOT" take it when lies and promises are broken.

Tips

- 1) Never promise!
- 2) Accept who you are!
- 3) Think before you speak.

Treat the woman as you would want to be treated. Besides, why promise a "LIE"! !! ! ONLY A FOOLISH MAN WILL PROMISE SOMETHING THAT WILL EMBARRASS HIM LATER! We all know promises give people hope but also give them hurt when promises become lies! So, we have some liars out there, but we also have guys who really love their Queens and would never really try to hurt them. "IF ONE DOESN'T PROMISE, THEN THE WORD EVENTUALLY WON'T MATTER. See, we must consider the long term of what we say and do before making that promise.

Some promises begin in fantasy rather than reality. People sometimes say what sounds good in the moment without considering whether they can truly follow through. When we make promises carelessly, we may even forget what we told people. A promise has meaning only when there is an honest intention and realistic effort behind it. Do not make promises that depend entirely on other people coming through for you.

Ask yourself how a person can promise me and depend on someone else to take care of that promise! That sounds foolish because it is foolish. So, once again, it is OK to make a promise, but advise people not to make them keep themselves from stress and others from hurt. I really believe those who stress have intentions to come through on their promise, but matters went wrong. Men and women let us not do this to ourselves, or to someone else.

I hurt a friend of mine by making a promise, and I regret it every day. People's feelings matter. Some people have lost everything due to other people's promises, not to mention going insane. So, do not take matters for granted. Everybody deserves the truth. Remember how many times we have lied and caused others to get hurt. Never play games with others' feelings because someday it maybe you who depends on a promise, and it causes pain in your life when you are let down.

Questions to think about

Why promise?

What is your purpose for lying?

Do you love your mate enough, to be honest?

Do I have good character traits?

What is your hunger for having your mate?

Is your love official?

Do you respect yourself first before respecting your other half?

Are you mature enough for marriage?

Are you willing to give quality time to your mate?

Is your time with your mate more important than time with friends?

Be a good help to your mate without trying to buy her love with your words. Remember, your mate is not your 'pet.' She is your other half.

Two can often work better than one. Love is not a part-time thing. It is built on what is inside a person and how that person lives it out. No one can promise love into existence. Love is a movement of its own; we cannot manufacture it with empty words, but we can choose to live it through consistent actions.

A promise is a tool we use to try to make people trust us. A promise is helpless without work. A true promise carries weight. As I have said before. One must love his or her actions. 'Words alone' are useless. Do not go into a land of promises without being willing to put in the work, or it is going to backfire.

It is no fun getting bad results as you give them to others. Life is a mirror, and everyone wants to look their best in that mirror. So, grow up, men, and mature to the point of making good choices in finding your Queen. Man-up because love is who you are. Do not waste time in life fooling yourself! A diamond is beautiful, but God gave something better when he sent women into this world. So, find your Queen, and if and when you have her then do not make PROMISES, JUST SHOW HER BY YOUR ACTIONS. ..

Remember what I have said and do not make choices with your flesh alone; make them with your soul and your character. Be real with yourself before trying to be real with others. Life is beautiful to those who understand what true love is all about. I encourage men to stop playing games and take full responsibility for the desires and choices we make in life.

Love is kind; Love is a joy; Love is peace; Love is consideration; Love is helpful; Love is a friend in time of need; Love would never steal; Love will support; Love is togetherness; Love is laughter; Love needs people; Love is not selfish; Love is smiling when others need encouragement; Love is also recognizable. One question though: Do you have it?

CHAPTER ELEVEN

LOVE

Poem

Love is love. Hate is hate but the love you have for a friend is not the same you have for your mate.

Love is love, and it will always be within, but to know it is there, you must know share.

People hurt people and never understand why, because love is not there no matter how much they try.

Love is bright, and love is kind, but love is useful when one opens their mind.

Love is real, and Love is clever, but the person who got it knows love is forever.

Love is giving, and love is real, but if you are wrong, you will witness how it feels.

CONCLUSION

I would like to thank all the loving people who encouraged me to write what my heart felt: my editor, publisher, friends, and more than ever, God, my Lord and Savior Jesus Christ. I hope this book moves the hearts of many, and that the readers understand that I wrote it with my whole heart behind it - I do care.

- WILSON EDWARD BOWMAN JR. (Atlanta, GA)

2026 REVISED EDITION

This edition preserves the author's original message, spiritual perspective, personal voice, and central arguments while correcting typographical errors, standardizing chapter structure, updating publisher contact information, and preparing the manuscript for modern digital publication.

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